

Fall  
2012

# COPS Newsletter

[www.cleveops.org](http://www.cleveops.org)



## A Letter From The President

I hope everyone is enjoying their summer especially since it seems to be going past so quickly. I just hit a milestone birthday so everything seems to be going quicker - or I'm just moving slower, I'm not sure, I don't remember!

We are in the midst of aligning our speakers with our meeting dates but no speakers want to commit until they know the topics for the doctors COS meetings. I have provided the dates for you but please check our website as the dates get closer to see the topic and the guest speaker.

Our COPS Academy will be on October 20th this year since the AAO meeting is in November.

We will start the year with our Fall Dinner Meeting with Sheldon Oberfeld, M.D. speaking on "Infectious Diseases." He has kindly volunteered his office to host the meeting and we are grateful for this opportunity again to host another meeting on the east side of town.

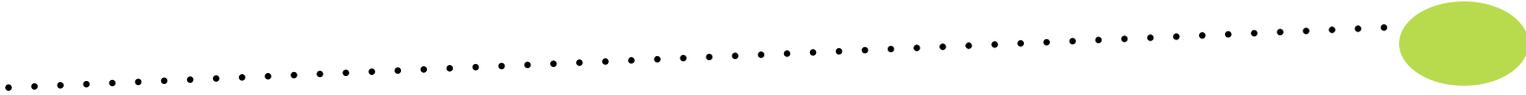
Due to many concerns regarding the Brunch being held later in the year, we are going to move the brunch back to its original scheduled month of February. Let's all keep our fingers crossed to keep the snow away!

I hope everyone enjoys the rest of their summer and we'll see you soon!

Audrey Gargas, COT, CST  
COPS President

Just because a man lacks the use of his eyes doesn't mean he lacks vision.

[Stevie Wonder](#)



# COPS Upcoming Events

September 13, 2012    Fall Dinner Meeting  
"Infectious Diseases"  
Sheldon Oberfeld, M.D.  
Hillcrest Hospital  
6770 Mayfield Road, Suite 326  
Mayfield Heights, OH 44124  
Dinner 6 pm, Lecture at 6:15  
2 JCAHPO CE's, Group A

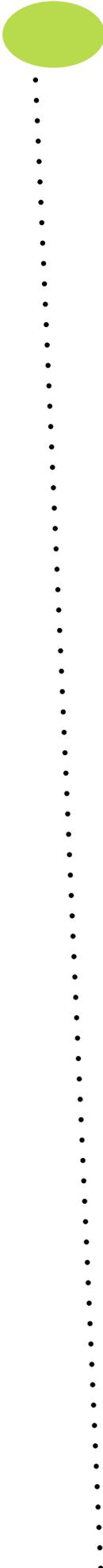
October 9, 2012    COS Meeting  
Doubletree, Independence, Ohio  
3 - 5 pm  
2 JCAHPO CE's

October 20, 2012    COPS Academy  
Southwest General Hospital  
Middleburg Heights, Ohio  
6 JCAHPO CE's

November 9 - 13    American Academy of Ophthalmol -  
ogy, Chicago, Illinois

December 11, 2012    COS Meeting  
Doubletree, Independence, Ohio  
2 JCAHPO CE's

February 2, 2013    Ohio Ophthalmological Meeting  
Columbus Hilton at Easton  
Registration material available in  
December 2012





# Cleveland Ophthalmic Personnel Society

## Fall Dinner Meeting

Thursday, September 13, 2012

Held at the office of:  
Sheldon Oberfeld, M.D.  
6770 Mayfield Road, Suite 326  
Mayfield Heights, OH 44124

Pizza at 6:00 pm  
Lecture begins at 6:15 pm

Our speaker for the evening is Sheldon Oberfeld, M.D. who will present  
"Infectious Diseases"

2 JCAHPO Group A Continuing Education credit hours

Please RSVP by September 7, 2012.

Please detach and return bottom portion by September 7, 2012

Name: \_\_\_\_\_

\_\_\_\_\_ I am currently a COPS member and will be attending the dinner - no charge

\_\_\_\_\_ I am currently a COPS member and will be attending the lecture only - no charge

\_\_\_\_\_ I am not a COPS member and will be attending the dinner and lecture meeting \$35

\_\_\_\_\_ I am not a COPS member and will be attending the lecture only - \$20

Pizza will be provided.

Please email response to: [crowes@ccf.org](mailto:crowes@ccf.org)

Please mail RVSP to: Sue Crowe, COT 10220 Brian Drive, Concord, OH 44077

# *Cleveland Ophthalmic Personnel Society*

*Presents*

## *COPS Academy*

*The Cleveland Ophthalmic Personnel Society will be presenting a full day of 6 Continuing Education credit hours*

*Saturday, October 20, 2012*

*Southwest General Hospital*

*8:00 am to 3pm*

*Registration Fee: COPS members \$150*

*Non- COPS members \$250*

*Please call 330-273-6308 with any questions. Registration closes October 10, 2012.*

*Confirmations will be mailed prior to date of class*

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*Registration Form - Must be received by October 10, 2012*

*Name:* \_\_\_\_\_

*Address:* \_\_\_\_\_

*City:* \_\_\_\_\_ *State:* \_\_\_\_\_ *Zip:* \_\_\_\_\_

*Phone number:* \_\_\_\_\_

*E-mail address:* \_\_\_\_\_

*Employer:* \_\_\_\_\_

*Work Phone Number:* \_\_\_\_\_

*Current Certification Level: COA COT COMT Non-Certified*

*Fees: COPS member \$150 Amount Enclosed:* \_\_\_\_\_

*Non-COPS member \$250*

*Please make checks payable to: COPS*

*Please mail completed form to: COPS / Sue Crowe, COT*

*10220 Brian Drive*

*Concord, Ohio 44077*

# "Things That Make You Go HmMMMMM..."

Written By Beth Colon, COA



What is the first thing you may think when you look at this child?

1. "My! How cute is this baby with those big beautiful eyes"
2. This child needs a corneal transplant
3. This child has congenital glaucoma.

What other things might this mother mention to you?

1. My babies eyes water all the time
2. My child prefers to be in a dark room
3. My child is having yellow discharge
4. Number 1 and 2

What is the average diameter of the normal cornea and one of an infant with glaucoma?

1. Normal 13.0mm Glaucoma 13.0mm
2. Normal 10.0mm Glaucoma 13.0mm
3. Normal 10.0mm Glaucoma 10.0mm

What other test would help the doctor determine this diagnosis?

1. A Scan to see if eye is elongated
2. B Scan to look for Optic nerve cupping
3. Slit lamp to see if the cornea has descemet tears.
4. All of the above

(Continued Below)

Glaucoma is a group of eye disease with common features including elevated eye pressure, damage to the optic nerve and vision loss. Congenital glaucoma is the common term used for glaucoma when diagnosed in infancy or early childhood. Enlargement of the eye, cloudiness of the cornea and enlarged optic nerves are examples of changes that can occur as a result of increased IOP in infants.

Three symptoms characterize primary congenital glaucoma in an infant or a young child:

- Excessive tearing (called epiphora)
- Sensitivity to light (called photophobia)
- Spasms or squeezing of the eyelid (called blepharospasm)

Often these symptoms are missed. Some pediatricians may refer to the pediatric ophthalmologists thinking that the tearing may be caused by a nasolacrimal duct obstruction. In congenital glaucoma there are other signs that may seem suspicious: corneal clouding, abnormally large eyes, fussy baby or unequal eye size.

Because the eye is very malleable during infancy the young eye responds to increased IOP by stretching. All parts may stretch in response to the elevated IOP and glaucoma related myopia may be seen as well as an abnormally large cornea.

In healthy children, the normal horizontal corneal diameter is 9.5 to 10.5 mm for newborns and 10.0 to 11.5 mm by 1 year of age. A diameter that is more than 1.0 mm above the normal range is of concern. Glaucoma should be suspected in any child with a corneal diameter greater than 12.5 mm.

When a child is suspect it is important to do a complete ophthalmic work-up. This includes the child's ability to fix and follow, evaluation for nystagmus, measurement of corneal size and clarity. The ophthalmologist will be looking for the presence of Haab stria (breaks in the back surface of the cornea). Although preliminary exams may be done in the office complete evaluation will generally necessitate an exam under anesthesia (EUA).

It is important that the IOP is measured immediately after sedation is begun because anesthesia medications can lower the IOP (with the exception of Ketamine). Most physicians will perform IOP measurements, gonioscopy, inspection of the optic nerve, refraction and axial measurements while the child is lightly sedated.

Physiologically, the anterior chamber angle of a healthy infant differs from that of a child with glaucoma. In the child with glaucoma the iris over-rides the trabecular meshwork so the outlet for aqueous humor is blocked or compromised. The newborn has an intraocular pressure between 10-19 mm Hg. IOP in a child higher than 20-21 mmHg and asymmetric IOP between the two eyes is highly suspicious for congenital glaucoma. Because the sclera in a child is not rigid cupping of the optic nerve may occur rapidly. However, most of the time it is reversible with surgical management and IOP control. This reversibility is most common in early stages of glaucoma in children, especially in the first year of life when the connective tissue of the optic nerve is relatively elastic.

Childhood glaucoma is relatively rare. Primary congenital/ primary infantile glaucoma occurs in approximately 1 in 10,000 births and untreated will progress to blindness.

Both pharmacological and surgical treatments are used to treat congenital glaucoma. Most cases require surgical procedures such as: trabeculotomy, goniotomy, seton shunts to move the aqueous out of the eye or cyclo-ablative therapy.

However, treatment of pediatric glaucoma is not just about the lowering of the IOP. Many children with infantile glaucoma will develop myopia, amblyopia, strabismus, cataract, optic nerve atrophy and retinal detachment. Sadly, despite early intervention and treatment, loss of vision may not be avoidable. Early detection and treatment are crucial.

Author would like to acknowledge Faruk Orge, M.D. for his help editing this article.



## Doctor Spotlight

Daniel J. Pierre, MD

Pediatric Ophthalmologist

### About Dr. Pierre:

Dr. Pierre is the newest addition to the Cleveland Eye Clinic staff. As a formally trained pediatric ophthalmologist and strabismologist, he brings to the practice a focus on the full range of children's eye conditions, from pink eye and styes to glaucoma, cataract, and retinoblastoma. Dr. Pierre also treats adults with eye misalignment. He has published articles and videos for a variety of medical journals and national meetings, and enjoys teaching.

In his spare time, he is a busy husband and father of three young children whom he cherishes. He also is a dedicated teacher of a children's Sunday school class at his church.



## I Scream, You Scream, We All Scream For Ice Cream!

The happy sounds of music playing and knowing that the Ice-Cream truck was headed down your street was enough to get any kid excited. To rekindle that joy, The Cleveland Eye Clinic and Clear Choice Custom LASIK Center has refurbished a 1959 Mister Softee Ice-cream truck, and they are passing out delicious treats all over Northeast Ohio.

The refurbished truck has been re-born as the "Mr. iSee". The truck has undergone a complete makeover, and even comes with it's very own "soda jerk", complete with white paper hat.

"Mr iSee" has been traveling around and brightening the day of many area residents, while raising

money for the Foundation to Fight Blindness.

While visiting area events, "Mr iSee", has been raising money for the Foundation to Fight Blindness, an organization that provides financial backing to fund ophthalmic research.

For a donation of \$1.00, you can receive an ice-cream bar, ice-cream sandwich or a popsicle. All product is covered by the Cleveland Eye Clinic and Clear Choice Custom LASIK Center, while all proceeds go to the Foundation to Fight Blindness.

Anyone can have the Mr iSee truck visit their event. The proceeds can go to the charity of the host's choice

or the Foundation to Fight Blindness.

For more information about the Mr. iSee truck, contact Brenda Smith at 216-470-7692, or e-mail [bsmith@clearchoicelaser.com](mailto:bsmith@clearchoicelaser.com).

# In The Community

July 19, 2012

Cleveland Ophthalmic Personnel Society  
Ms. Audrey Gargas  
2410 Brook Haven Ln  
Hinckley OH 44233

Dear Ms. Gargas,

On June 20, 2012 we had our official Grand Re-Opening of our headquarters. Over 1,000 people came through our doors that afternoon, a great indication of the importance that Cleveland Sight Center has in the lives of so many. The interest in what the renovation looked like was high, and no one was disappointed - it is a dazzling achievement.

We have a building that incorporates many of the ideas our clients suggested and coupled them with the creativity of our architectural team, led by Tom Galvin, and the professionalism of our construction team, led by Bruce Higley. Our building strikes the right balance between innovation and practicality and can serve as a national model.

Now, on behalf of Trustees, staff and clients of Cleveland Sight Center, it is our turn to say thanks to you and Cleveland Ophthalmic Personnel Society. We want to express our gratitude for your support of our Vision 21 Campaign. Your generosity helped create this special moment in our agency's history. Please visit us if you have not already - and we hope that your support of us continues.

Sincerely,



Steven M. Friedman, Ph.D.  
President and Executive Director

## VISION 21 A Fund for the Future



Andy Sikarovsky,  
Chairman of the Board-  
CUTTING THE RIBBON.



The Gromek Family - Jason, Emily, Jen and Noah - with Ed Fitzgerald, County Executive; all spoke at the grand re-opening; Steve Friedman.



Remarks from Evelyn Boyd, 94 years old and a volunteer for 30 years, with Steve Friedman, Executive Director

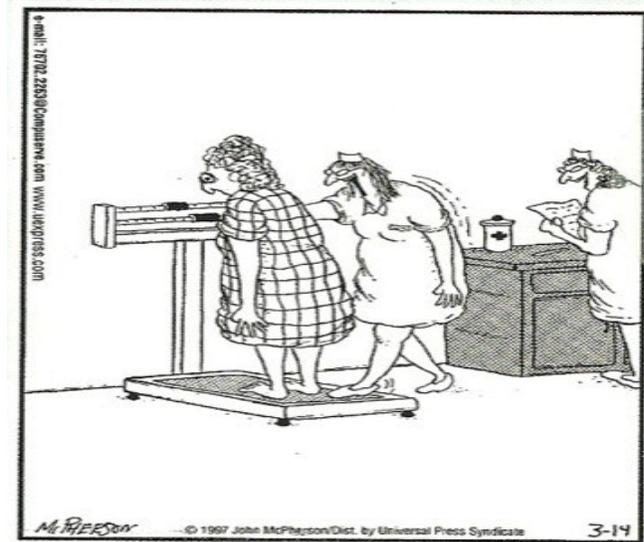


1909 East 101st Street  
Cleveland, OH 44106-8696

(216) 791-8118 phone  
clevelandsightcenter.org

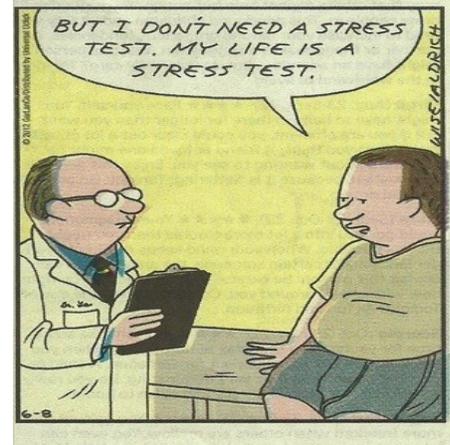


## Just For Laughs



“Whoa! Up 14 pounds since November!  
What'd you do? Get a job at a doughnut shop?!”

Real Life Adventures  
Gary Wise & Lance Aldrich



## Job Postings

1. Dr. Stockfish, Retinal Specialist, is looking for an experienced technician either full or part time for his Mayfield Hts. Office. If interested, please e-mail resume to [retina.office@gmail.com](mailto:retina.office@gmail.com)

2. Joe Parisi, O.D. is looking for a part time assistant for many different tasks. Responsibilities include front desk, patient pre-testing, selection of eyewear, fitting repair and adjustment of eyewear, fee presentation, etc.

Flexible hours needed on Mondays and Saturdays from 8:30-1200; Wednesdays and Fridays 1-5.

Please call 440-729-9546 for more information.

3. Full or part-time COA, COT and Scribe (EMR data entry & Optometric assistant) needed for busy, multidisciplinary eye care center in Akron. Medical/Dental benefits, plus 401 (k) and profit sharing.

Send resume to [careerineyecare@gmail.com](mailto:careerineyecare@gmail.com)

**Kimberly A. Hoch**

**Novus Clinic, VP of Operations**

518 West Ave.

Tallmadge, OH 44278

(330) 630-9699 ext. 1005

(330) 630-2173 fax



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## Did You Know...

For every pair of TOMS eyeglasses you purchase, TOMS will give sight to a person in need. For more information, go to [TOMS.com/eyewear](http://TOMS.com/eyewear)