

Cleveland Ophthalmic Personnel Society

September 2007

Upcoming CE Meetings

Sept 20, 2007 7 pm

Dinner Meeting
Dr Kellis Ocular Plastics
Holiday Inn Independence

January 26, 2008

OOS Meeting
Columbus, Ohio

October 9, 2007 3pm

COS/COPS Meeting
Dr Zakov US Eye Injury Registry
Doubletree Independence

February 12, 2008 3 pm

COS/COPS Meeting
Doubletree Independence

November 9-13 2007

AAO Meeting New Orleans
www.jcahpo.org

March 9, 2008 8:30 am

COPS Brunch
Holiday Inn Independence

December 11, 2007 3 pm

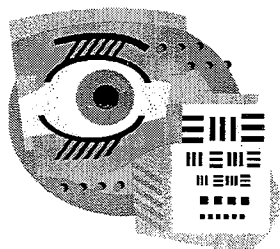
COS/COPS Meeting
Dr Jeng
Penetrating Keratoplasty
Doubletree Independence

April 8, 2008 3 pm

COS/COPS Meeting
Dr Chi Glaucoma Update
Doubletree Independence

May 8, 2008 7 pm

Dinner Meeting
Subject TBD
Holiday Inn Independence



Your COPS Board

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Ophthalmic Supplies and Used Glasses Needed

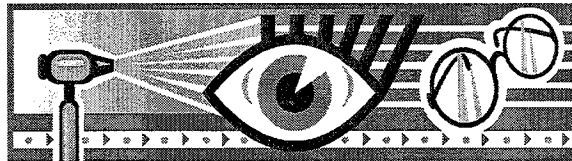
Make a difference in the world and never leave the office.

At our 2007 Brunch many of you had the opportunity to hear Dr. William Brinker speak about his El Salvador Eye Care missions for the past 30 years. The group is in desperate need for everything ophthalmic. Glasses, ophthalmic medications (we take expired), medical supplies that are sitting on the shelves in your office, post op kits you no longer use, Partially disassembled drug kits and post op sunglasses.

Please contact Beth Colon (216) 661-0622 or bejarain@hotmail.com.

THANK YOU!!!!!! to: Stephanie S. and the staff at Retina Associates; Maryanne and the staff at Suburban University Ophthalmologists; Janet at University Hospital; and Cindy and staff at Dr. Markowitz's office.

Dr. Brinker was overwhelmed at the generosity of the donations and wishes to thank all of you for your



Assessing the Depth of the Anterior Chamber

It is important to assess the depth of the anterior chamber prior to instilling dilating drops. A patient with a narrow angle who is given dilating drops, will experience angle closure with a subsequent increase in intraocular pressure. (resulting in pain, nausea, etc.) Care must be taken to determine that the patient has a deep angle and that it is therefore safe to instill dilating drops.

When a slit-lamp is not available:

A simple assessment of the anterior chamber depth narrowness or the angle may be performed by shining a pocket flashlight or penlight onto the iris from the temporal side. In the normal patient, there is a little shadow on the iris on the opposite side of the pupil. In the angle, the iris is bowed forward. Therefore, when a penlight is shown from the side on the iris, a significant shadow is cast on the far side of the iris. (Just as a light shined from one side of the hill results in a shadow on the opposite slope.) Practice will help in understanding this technique.

When a slit-lamp is available:

The slit lamp technique is preferred over the penlight method to assess the depth of the anterior chamber. High Magnification on the slit lamp should be used. The narrow slit should be shined from slightly temporally. The slit should be focused on the cornea near the limbus. The distance between the slits of light falling on the cornea and on the iris is compared with the width of the corneal slit. Grades are assigned according to the distance. With 4 being the deepest or widest, and 1 being the narrowest or shallowest. The grading should be recorded in the chart (i.e. A/C deep 4, or A/C shallow 1) If the chamber is less than 2 or shallow, the physician must decide whether it is safe to dilate the pupil. If the angle is assessed to be shallow, the physician may want the patient dilated with a 2.5% Mydrin only. This information should be recorded in larger print on the front and inside the chart.

Cleveland Ophthalmic Personnel Society

Fall Dinner Meeting

Thursday, September 20, 2007
Holiday Inn
6001 Rockside Road, Independence

Dinner served at 6:15 pm
Lecture begins at 7:00 pm

Our speaker for the evening is Augustine Kellis, M.D. who will present "Ocular Plastics."
2 Continuing Education credit hours have been approved.

Please RSVP with payment by September 15, 2006.

Please detach and return bottom portion by September 15, 2007

Name: _____

I am currently a COPS member and will be attending the dinner and lecture meeting - \$15

I am currently a COPS member and will be attending the lecture only - free

I am not a COPS member and will be attending the dinner and lecture meeting - \$35

I am not a COPS member and will be attending the lecture only - \$20

Please select your dinner selection:

London Broil Chicken Marsala Vegetable Pasta

Please mail RSVP to: Audrey Bartal, 760 Crestline, Amherst, OH 44001

Criteria to Nominate Ophthalmic Professional of the Year

In the next issue, you will find a nomination form for all current COPS members to nominate ophthalmic professionals who they feel are exemplary in what they do.

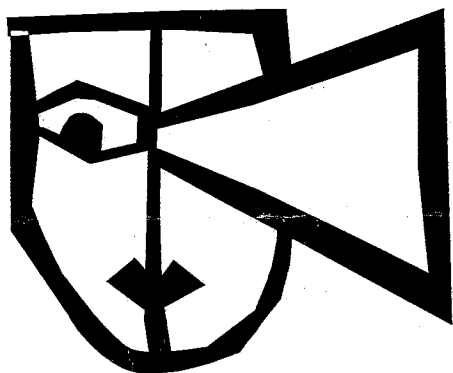
The selection will be made by a committee of physicians randomly chosen to represent all districts..

All nominees must be a member of COPS for the current year.

The following guidelines may be used in selecting your nominees: Years of service, community involvement, dedication, enthusiasm, attitude and professional advancement. (these are only suggestions)

Here is a great way to give recognition to those co-workers who do a superb job. Don't miss this opportunity to offer your appreciation to someone who you may admire and respect in the field.

We encourage physicians and or peers to nominate the candidate of their choice.



CE Rules

Please be ready to check-in at each of the continuing education meetings.

Any person who is not a member will be charge \$20.00 to attend the lecture. All lectures offer 2 CE credits.

This charge will apply whether or not credits are given/taken

Please feel free to speak with Audrey Bartel with any questions

Note From the Secretary

Again, I would like to thank so many of you for being members of this organization. We currently have a total of 120 members. If you know someone who has not received this newsletter, and he/she believes they are a member. Please have them contact me.

I would also like to remind you that members receive their CE at the COS meetings at no charge. Non-members fee is \$ 10.00 per Credit Hour.—Total \$20.00. Members need only pay for their meal at the dinner meetings. Non-members will pay additional for the CE at the same rate of \$10.00 per Credit hour. I hope this is not too confusing.

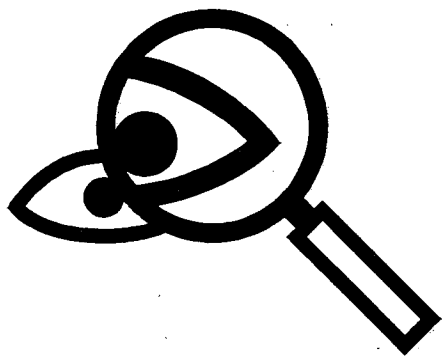
You may contact me at Home(440)988-4419 Cell (440) 213-4826 or by e-mail @ MOMEJ73@AOL.COM

Respectfully

Audrey Bartel COT

Audrey Bartel COT

By Denise Capretta



Practice Spotlight

Ophthalmology, Physicians & Surgeons, Inc.

Dr. Bruce Brauston was an ophthalmologist that opened a private practice in the late 1960's with 2 locations, one in Berea near Baldwin Wallace campus on Beech Street and the other in Medina. He was very dedicated physician, seeing approximately 100 patients a day, sometimes on weekends and even in his home. His loyal staff would work with him from 7 AM until 10 PM on many occasions.

As the practice grew and evolved during the mid-80's, Dr. Brauston retired and the practice Ophthalmology Physicians and Surgeons was formed.

Dr. Robert Beyer practiced as a general ophthalmologist for several years and recently retired in March of 2007. He relocated to Daris, California, so he could be closer to his grandchildren.

Jennifer Killian, OD joined the practice in April 2007 with a therapeutic license and specializing in pediatrics and contact lens fittings. She has been described as a "breathe of fresh air."

In April 2007, Dr. Matthew Koehler joined the practice specializing in General Ophthalmology and Cataract Surgery.

Together Dr. Koehler and Dr. Killian make an excellent team to fit the different aspects of a patient and continue to make a practice grow.

April, 1981 was the year that the GCCOMAT began
It was Dr. O. David Solomon - that very special man
Who appointed the very first Ophthalmic Executive Board
Kathy Seidenwald, Mary Reeves and me - Oh Lord!

Phone calls and invitations hand written with pride
Would anyone come to our party at pool side?
There we sat with our wine, cheese and bad weather
Bobbi, Fern and I were at least there together.

While it was hard to have a quorum with a team of only three
Somehow we managed to grow - they began to hear our plea!
Meetings, review courses - anything that we could provide
Just make the techs understand that we are truly on their side.

Next came a new logo and name change to COPS
Now we had COPS, MOPS and the Boston Pops
People began to take note of our little organization
It soon became known throughout the entire nation!

As our members increased so did our Executive Board
Some of the best techs in Cleveland COPS had scored
Too many names to list so we'll just give out a shout
To everyone here so no one will have to pout!

Elections were very different back in the day
A tap on the shoulder "It's your turn" I would say
No one would say no - they knew the price they would pay
Because everyone knows -I always get my way!

When it comes to COPS I am truly devoted
"She is the mother of all technicians" Dr. Lass once noted
"We need more help" all the doctors would say
If only they could see it's time to increase the pay!

Our membership keeps growing year after year
Dr. Singerman is a great supporter that much is clear
If only all doctors would take his advice
Support of your techs would be very, very nice!

Twenty five years - where in the world did that time go?
We've come a long way from three members that much I know
Executive Board, Directors and Newsletter Editor to boot
Just a few more memories before it's time to scoot.

Please forgive me for acting like a doting mother
But COPS is a very special group like no other
I will always be here to watch over it with pride
As we continue to grow together walking side by side.

Now we have come to the time where I will ask you to consider
Getting involved with COPS and help us to deliver
The best education that this organization can provide
This is our mission statement - we say it with pride!

For all of you that are advanced in your career
Please help the new techs get rid of their fear
Remember what it was like to make that first mistake
Teach them well - of your knowledge let them partake!

Thanks to all of you for the past twenty five years
Academy meetings, brunches, laughter and tears
April, 1981 is when it all began, I think
All I know for sure is that 2007 was here in a blink.

As for me - "When will I retire you ask"?
Although the Florida sun is calling me to bask
Not anytime soon but never say never
I hope you enjoyed my poem and thought it was clever!



Vision Care Outreach Program-Northeast Ohio

In 1990, Prevent Blindness Ohio established the Vision Care Outreach Program, designed to provide comprehensive vision care (exams, eyeglasses, and surgical care if needed) to the uninsured, underinsured and homeless population of Ohio that do not have access to any other source for eye care (such as Medicaid). The ultimate goal of the VCO program is to reduce the incidence of unnecessary vision loss and impairment in high risk populations by providing access to on-going, donated system of comprehensive vision care services.

In 2006-7 Prevent Blindness Ohio coordinated access to donated eye exams, glasses and follow up surgical care needed to 742 Northeast Ohio Area residents that would have not been able to access vision services otherwise. In 2007-8 Prevent Blindness Ohio anticipates assisting 1,096 Northeast Ohio area residents. PBO becomes aware of a client's need for eye care through a statewide network of "partner" agencies – homeless shelters, social service agencies like the Salvation Army, and school nurses that serve clients with multiple challenges in their lives. Often, the receipt of eye care can be the key that unlocks potential to secure employment or accelerate learning in school.

It is imperative that PBO continues to maintain and expand the number of eye exams available through the Vision Care Outreach program that many social service organizations have come to depend on to serve the vision healthcare needs of their clients.

Please consider joining your peers listed below in donating eye exams to the Vision Care Outreach Program each month. Your donated services will assist individuals who are at the greatest risk for vision loss and without any other way to access eye care. PBO is committed to ensuring wise use of your donated services and will maintain regular contact with your staff and referring agencies to ensure that your gift reaches those most in need.

You can find out more about the Vision Care Outreach Program of Northeast Ohio and become a donating eye care provider by

Participating Eye Care Providers

Eye care providers donate comprehensive, professional eye exams and surgery (as needed) at their practices for VCO clients.

- | | |
|---------------------|---------------------------|
| Dr. Jonathan Lass | Dr. Lisa Ward |
| Dr. Marc Abrams | Dr. Mark Zaremba |
| Dr. John Mullins | Dr. Joyce Ramsue-Thompson |
| Dr. Roy Ebihara | Dr. Paul Dowd |
| Dr. Tim Steinemann | Dr. Emmanuel Zanoudakis |
| Dr. Diane Sutton | Dr. Paul Hornik |
| Dr. Gregory Eippert | |

Participating Optical Companies

- | | | | |
|-----------------------------------|----------------|---|--------------------------|
| Luxtottica | Rooney Optical | North East Ohio Neighborhood Health Centers | W.A. Jones Optical, Inc. |
| University Hospitals of Cleveland | | St Vincent Charity Hospital | Geauga Vision |

The Vision Industry and Optical Companies donate dispensing, fabrication, frames, lenses and shipping for VCO clients needing glasses. The VCO program standards for eyewear include frames (no more than 5 years dated), uncoated, polycarbonate lenses (safety material), single and flat top bifocal lenses. Special requirements as required by the eye doctor's prescription (i.e. progressive lenses, coating, etc.) are also

Prevent Blindness Ohio is celebrating 50 years as Ohio's leading volunteer nonprofit public health organization dedicated to preventing blindness and preserving sight. Founded in 1957 by U.S. Senator John Bricker and Lion's Club Member, Bob Morrison with support from Nationwide, the Ohio Department of Health and Delta Gamma Fraternity, the Northeast Ohio Chapter was established in 1993 by the following founders: Cole National, Forest City Enterprises Inc., KeyBank, Liggett Stashower, Careerboard.com, University Hospitals-Department of Ophthalmology and Northeast Ohio Neighborhood Health Services. From the beginning, Prevent Blindness Ohio's mission has remained steadfast – **to prevent blindness and preserve sight.** Our goal is to prevent the 50% of vision loss that is needless and **help all Ohioans enjoy good sight for life!**

Prevent Blindness Ohio serves all 88 Ohio counties, providing direct services to more than 800,000 Ohioans annually and educating millions of consumers about what they can do to protect and preserve their precious gift of sight. Prevent Blindness Ohio is an affiliate of Prevent Blindness America, the country's second-oldest national voluntary health organization. www.pbohio.org

Letter From the President

Letter from the President:

It's hard to believe that summer is already over and we are about to begin our 2007-2008 continuing educational series. We have a great line up of lectures planned and as always, we are open to any suggestions you may have for lecture ideas or speakers.

We are working on fine-tuning our attendance policy this year due to numerous concerns that were expressed regarding attendees who arrive late or leave early but still receive the full 2 hours credits. In order to receive full credit for the lectures, you will need to be present at the beginning and the end of the lecture. A grace period due to weather will be considered during the winter months. Beginning with this years lectures, we will be mailing a copy of our attendance sign in forms to JCAHPO to denote the number of credit hours that were received by each member in attendance. We have asked this years speakers to allow time in their lectures for questions and answers so our meetings will end as scheduled.

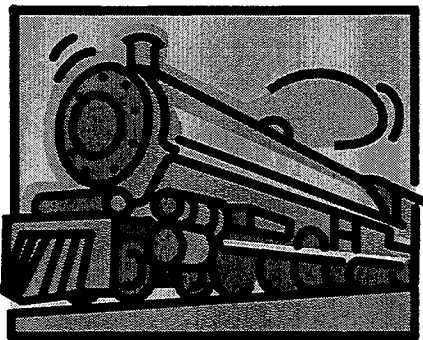
We have enclosed the forms for the September dinner meeting and look forward to seeing everyone soon!

Sincerely,
Audrey Gargas
COPS President

What Do You Think??

The COPS Board has thought about planning an late Spring Early Summer get together for all COPS members and their families. We thought about a Lake County Captain's Baseball. Or possibly an Indians game. Let us know, if this is something you might be interested in. What would be the maximum per person fee you would be willing to pay??

Thanks for your input.



Eye Express Technical Seminars has returned!

After a ten year hiatus, Eye Express Technical Seminars has dusted off their notebooks, rewritten their books and are back in action to help ophthalmic personnel prepare for their COA and COT written examinations. Starting in November, there will be a hands-on COT Practical Review class offered.

Watch your mailboxes or call 440-729-0724 for more information.

The First COA/COT written exam review will be October 20-21, 2007