



Upcoming Continuing Education

February 10, 2009

Pediatric Glaucoma
Annpurna Singh, MD
COS Lecture 3-5 pm
Doubletree Hotel

February 2009

OOS Annual Meeting
Columbus, Ohio

April 14, 2009

Keratoconus and Gas Permeable Contact Lenses
Dr Szczotka
COS Lecture 3-5 pm
Doubletree Hotel

April 19, 2009

Diabetic Retinopathy and New Treatment Interventions
Joseph Coney, MD
COS Brunch
8:30am—12:30 pm
Holiday Inn Independence

May 18, 2009

Dinner Meeting 6 pm
Daniel Mayer, MD
Ocular Surface Disorders

September 24, 2009

Dinner Meeting 7-9 pm
Holiday Inn Independence
Z. Nichols Zakov, MD
What my patients have taught me

Your COPS Board

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Criteria to Nominate Tech of The Year

In this issue, you will find a nomination form for all current COPS members to nominate ophthalmic professionals who they feel are exemplary in what they do.

The selection will be made by a committee of physicians randomly chosen to represent all districts.

All Nominations must be a member of COPS for the current year.

The following guidelines may be used in selecting your nominees. Years of service, community involvement, dedication, enthusiasm, attitude and professional advancement. (these are only suggestions)

Here is a great way to give recognition to those co-workers who do a superb job. Don't miss this opportunity to offer your appreciation to someone who you may admire and respect in the field of ophthalmology.

We encourage physicians and or peers to nominate the candidates of their choice

Please return these forms no later than February 15, 2009

Letter From The President

Welcome to 2009! COPS is starting their 28th year of providing continuing education to all of our members. Looking back over the lists of physicians who have lectured for us over the past years, it is so nice to know we have such strong support from our physicians. There are several physicians who have lectured for us in the 1980's who are still very active with our group.

This year we will be launching our COPS website which should be up and running by the brunch. We are still looking for a web domain name so if anyone has any ideas, please let us know. Everything we try associated with COPS and eyes are already linked to a another group or police department. All suggestions are welcome and can be e-mailed to: gargas1@verizon.net

The bunch will be moved back to April this year to hopefully avoid any end of the season snow storms. Dr. Coney, from Retina Associates of Cleveland, will be speaking on Diabetes, the early disease manifestations to severe retinal damage.

We're looking forward to a great year of continuing education. I encourage everyone to make suggestions of topics of lectures they would like to hear in the future on the bottom of their CE forms. Also, if you know your physician is interested in speaking, please let us know and we would be happy to add them to the agenda.

Sincerely,
Audrey Gargas

Thoughts For The New Year

By Denise Capretta

As we carefully reflect on the year of 2008
There is one thing for certain that we need to get straight
If we can't say with confidence "We are doing just fine"
Then definitely there is need for improvement in 2009!

I'm not big on politics but I hear there's a new chant
"Yes We Can", "Yes We Can" seems to be replacing "I can't"
Maybe we should apply these words to our career at hand
It's time to get busy – Let's get our heads out of the sand!

Evaluate your job and the skills that you possess
Are you being paid accordingly or are you working for much less?
Less than your worth because Cover Tests and Refract you can't
Can't Applanate – Can't pass that test – the "I can't" chant!

Have no fear for there is plenty of help at hand
Fortunate are we to have opportunities in Cleveland
COPS, COS, EETS, TRI-C are the answers for education
Now it's up to you to find your drive and determination!

Cleveland Ophthalmic Personnel Society provides continuing education
Cleveland Ophthalmological Society supports without hesitation
Eye Express Technical Seminars will prepare you for that exam
Tri-C is the place where you will first hear the words "Yes We Can"!

It really is very simple – not complicated at all
Make a decision for your future – Place that call
Take a class, Teach a course, Join COPS – delete the words "I can't"
"Yes We Can", "Yes We Can" – Maybe now is the time for this new chant!

HAPPY NEW YEAR!!
Denise M. Capretta, COMT
President Emeritus

TRI-C Update

The students have completed the first level of the program "Introduction to Patient Care" and are now getting ready to advance to the second level "Advanced Patient Care" slated to begin on Wednesday, January 14, 2009. This will be an exciting semester for them because in addition to their classroom studies they will be given the opportunity to experience a practicum sight which will provide them with knowledge of basic skills needed before the completion of the program. We wish them continued success in their future endeavors.

For additional information regarding the program please contact instructors Molly Drenen at 216-987-4454 or Denise Capretta at 440-729-0724.

**Chinese New Year
Brunch 2009
Sunday, April 19th**

**Speaker
Joseph Coney, M.D.
Retina Associates**

Diabetes: Early Disease Manifestations to Severe Retinal Damage

**Holiday Inn
Rockside Road**

**8:00 am registration
8:30 am breakfast**

**Fabulous Gift and Prizes!
Tech of the Year!**
